

# Advanced Hypnosis London

[www.advancedhypnosislondon.com](http://www.advancedhypnosislondon.com)

Our clinic provides hypnotherapy for a range of areas and issues, using a unique form of Advanced Hypnosis that features our Neurosphere® sensory pod.

Our expert hypnotherapists are available to comment on various topics including:

- Hypnosis and Hypnotherapy
- The Power of the Human Mind
- Personal Development and Wellbeing

**UNIQUE**

ADVANCED HYPNOSIS METHODS

**5-STAR**

CLIENT FEEDBACK

**VIP**

CHOICE OF CELEBRITIES

**60+**

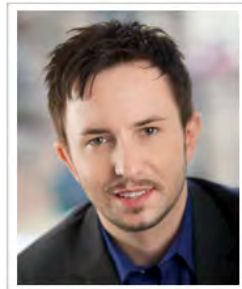
COUNTRIES CLIENTS VISIT FROM

## OUR HYPNOTHERAPISTS

### Rory James MaClaren-Jackson

Dip. Hyp. DNLP GQHP GHRreg PgCert. Psychol.

A straight-talking South Londoner, Rory's charismatic approach is friendly, engaging and, crucially, gets results in helping people to make positive changes.



### Fabio Del Piero

Dip. CBH GQHP GHRreg MA (Oxon)

Fabio is a therapist with a personable, easy-going manner, full of positivity. He has built a strong reputation in both his therapeutic and coaching work.



## IN THE MEDIA



@AdvHypnoLDN



/advancedhypnosislondon

## INFOGRAPHIC

**EXPERIENCE ADVANCED HYPNOSIS AT OUR HARLEY STREET CLINIC**

**WE OFFER A VARIETY OF ADVANCED HYPNOSIS SESSIONS**

- PHOBIAS
- ANXIETY
- INSOMNIA
- SELF-CONFIDENCE
- QUIT COCAINE
- SPORTS PERFORMANCE
- STRESS REDUCTION
- PUBLIC SPEAKING

**WEIGHT LOSS**  
Develop a healthier relationship with food. Whether you want to drop a few pounds, kick a sugar habit, or overcome emotional eating, hypnosis is a powerful tool to help you with your eating and health goals.

**ALCOHOL REDUCTION**  
Make you want to cut down on the weekend drinking sessions, or reduce the amount you drink during the week. Reducing your alcohol consumption can help to improve your health and save you money.

**SPORTS PERFORMANCE**  
If you are an athlete looking to improve your performance, hypnosis is the perfect supplement to boost motivation, improve focus, and help you get the results from your training that you work so hard for. Having worked with Boxers and other athletes, we can help you to take your sports performance to the next level.

**STOP SMOKING**  
Stop smoking cigarettes or cannabis in a single session with advanced hypnotherapy. A natural drug-free way to quit smoking. Improve your health, save money, and live life to the fullest. It is never too late to stop smoking, and hypnotherapy makes it achievable and relaxing.

**HYPNOSIS FOR WELLBEING**  
WE DON'T JUST RESOLVE "PROBLEMS". HYPNOSIS IS GREAT FOR GENERAL WELLBEING AND QUALITY OF LIFE. Prepare you for long-term, sustained positive change. Meaning you can face any obstacles and challenges with resilience and inner strength.

CLICK TO DOWNLOAD

**Tailored** Our approach is personalised to each individual client that we see

**Technology** We use the unique Neurosphere®, a sensory pod developed at our clinic that provides an immersive hypnosis experience

**Techniques** We use the latest advanced techniques. Our hypnotherapists are extensively trained and qualified in the field of clinical hypnosis



## AREAS WE HELP CLIENTS WITH



- ✓ Weight Loss
- ✓ Alcohol Reduction
- ✓ Stopping Smoking
- ✓ Bad Habits
- ✓ Stress Reduction
- ✓ Anxiety
- ✓ Fears & Phobias
- ✓ Sleep Problems
- ✓ Health & Wellbeing
- ✓ Confidence Boosting
- ✓ Sports Performance
- ✓ Career Success

## CLIENT FEEDBACK



"I now find that certain things that used to worry me are no longer having an impact, I am able to continue without the struggle of anxiety and panic in certain situations that I used to find limiting. I feel like a weight has been lifted off my shoulders!" – **L. (London)**

"I have held excess baggage and it has been very difficult for me to move on with my life. One meeting with Rory James MacLaren-Jackson and the excess baggage has left. I still can't believe it. The confidence boost is going great at the moment too. Would definitely recommend!!" – **R. (London)**

"Absolutely amazing it helped me so much with my sports performance and confidence I feel I can take on any opposition! It's unreal the benefits you take from this. I'm still in shock how much my mentality has changed." – **Professional Boxer (UK)**

## CONTACT FOR PRESS / MEDIA ENQUIRIES

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